

Accotink Unitarian Universalist Church

A Welcoming & Inclusive Spiritual Home

*where we inspire each other to live our values.
Together we Care in Community, Grow in Spirit, & Act for Justice.*

Theme for February: Embodying Resilience



**February 8, 2026
IN-PERSON & VIRTUAL SERVICES at 10a**

Minister: Reverend William Levwood
email: revlevwood@accotinkuu.org

Minister's Office Hours: Tuesday 10a-5p & Wednesday 10a-5p
Virtual or In Person Hours outside of these hours are available by appointment ONLY.
email Reverend Levwood for scheduling
For immediate pastoral support call Rev. Levwood directly at (571) 210-0816

Director of Children & Youth Spiritual Development: Michele Andersen
email: dsd@accotinkuu.org

Music Director: Brad Rinaldo
email: music@accotinkuu.org

Congregational Administrator: RW Carney III
email: administrator@accotinkuu.org
Contact Hours: Monday, Wednesday, Thursday: 11a - 3p

**WHEN MUSIC IS EMDR
AND THE REVOLUTION ISN'T CAUGHT ON A SMART PHONE**

For Reflection: “What stresses you out? What helps you get stress out of your body?”

RINGING BOWL

INVOCATION SONG

There Is a Love
words & music by Rebecca Ann Parker from Sing Out Love

WELCOMING WORDS

Judy Robison

GREET YOUR NEIGHBOR

CENTERING WORDS

CHALICE LIGHTING

CENTERING SONG

#1015, I Know I Can

TIME FOR ALL AGES

The Stories from My Grandmother's Hands
by Dr. Resmaa Menakem, illustrated by Leroy Campbell

CHILDREN'S RECESSIONAL

*As the children recess to their learning groups sing them out with the *Reeb Children's Benediction*.

Children and Youth Spiritual Development: February is an interim group schedule as we prepare for OWL 4-6 to start March 8. Today, in addition to nursery, we will explore PLURALISM. Groups are K-6 with our Lego ValUUs, and 7-12 in our Youth Group. OWL 10-12 will have their final session.

JOYS & SORROWS

PASTORAL ANTHEM

A Love Supreme: Acknowledgement
by John Coltrane

SHARING OF JOYS & SORROWS

MEDITATION IN SONG

There Is a Love
by Elizabeth H. Norton; words by Rebecca Ann Parker

INTRODUCTION OF OUTREACH SPEAKER

OUTREACH SPEAKER

INVITATION TO GENEROSITY

Ed Kringer

OFFERTORY ANTHEM

READING

SERMON

When Music Is EMDR & the Revolution Isn't Caught on a Smart Phone
Reverend William Levwood

CLOSING SONG

#1015, *I Know I Can*

ANNOUNCEMENTS

CHALICE EXTINGUISHING WITH COMMUNITY BLESSING

"This church is dedicated to the proposition that behind all our differences and beneath all our diversity there is a unity that makes us one and binds us forever together in spite of time, death and the space between the stars. We pause now in silent witness to that unity."

David Bumbaugh

BENEDICTION

COFFEE HOUR

DONATE

- * Latecomers are still welcome.
- ~ We welcome people of all ages into our worship service.

Outreach Collection Sponsor: Dotty Smith

Special thanks to:

Service Webinar Management: Quang Tran
Worship Associate: Judy Robison
Board/Committee Host: Ed Kringer



Each Sunday dozens of **volunteers** work together to make this service a success. If you'd like to be an Sunday Service Volunteer or some additional asset to Accotink as a whole, contact RW Carney III at (703) 503-4579 or at administrator@accotinkuu.org. Volunteering is a great way to form relationships with other Accotinkers.

Welcome to our Newcomers

If this is your first Sunday with us, please be sure to sign up for our future broadcast services and various newsletters via our in service chat options or by emailing, info@accotinkuu.org.

A variety of information about Unitarian Universalism and our congregation is available via our website and contact forms. A friendly AUUC Staff Member and/or Volunteer will be happy to answer your questions. In addition, we also publish a weekly newsletter, filled with information and opportunities to make a difference locally and nationally. If you would like to receive our newsletter, please speak to the Church Administrator at administrator@accotinkuu.org, and we will see to it that your name is added to our mailing list. We invite you to either download and/or print out this Order of Service. Please join us for coffee and conversation following the service today.

Our Shared Unitarian Universalist Values

Love is at the center of Unitarian Universalism. Love is the practice of our living tradition.

As Unitarian Universalists we covenant to:



- **Equity:** *We help everyone flourish with Dignity by building accessible and inclusive communities.*
- **Interdependence:** *We honor the web of life by protecting Earth & all beings from exploitation.*
- **Justice:** *We work to be Beloved Community by dismantling racism and all forms of systemic oppression.*
- **Generosity:** *We cultivate generosity by freely sharing our Faith, presence, and resources.*
- **Pluralism:** *We celebrate diversity by embracing our differences with love and respect.*
- **Transformation:** *We adapt to change, transforming the world with love by growing together, spiritually and ethically*

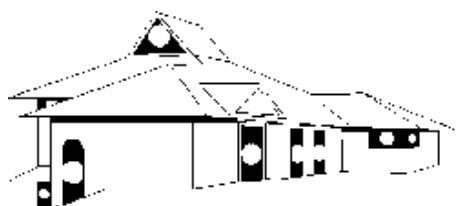
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(Use the QR Code below to go directly to the AUUC Website
or type "ACCOTINKUU" on any social media platform to find us.)