

# Accotink

## Unitarian Universalist Church

### A Welcoming & Inclusive Spiritual Home

*where we inspire each other to live our values.*

*Together we Care in Community, Grow in Spirit, & Act for Justice.*

#### Theme for February: Embodying Resilience



**February 8, 2026**

**IN-PERSON & VIRTUAL SERVICES at 10a**

**Minister:** Reverend William Levwood

email: [revlevwood@accotinkuu.org](mailto:revlevwood@accotinkuu.org)

**Minister's Office Hours:** Tuesday 10a-5p & Wednesday 10a-5p

**Virtual or In Person Hours outside of these hours are available by appointment ONLY.**

*email Reverend Levwood for scheduling*

*For immediate pastoral support call Rev. Levwood directly at (571) 210-0816*

**Director of Children & Youth Spiritual Development:** Michele Andersen

email: [dsd@accotinkuu.org](mailto:dsd@accotinkuu.org)

**Music Director:** Brad Rinaldo

email: [music@accotinkuu.org](mailto:music@accotinkuu.org)

**Congregational Administrator:** RW Carney III

email: [administrator@accotinkuu.org](mailto:administrator@accotinkuu.org)

**Contact Hours:** Monday, Wednesday, Thursday: 11a - 3p

**WHEN MUSIC IS EMDR  
AND THE REVOLUTION ISN'T CAUGHT ON A SMART PHONE**

***For Reflection:*** “*What stresses you out? What helps you get stress out of your body?*”

**RINGING BOWL**

**INVOCATION SONG**

*There Is a Love*  
*words & music by Rebecca Ann Parker from Sing Out Love*

**WELCOMING WORDS**

***Judy Robison***

**GREET YOUR NEIGHBOR**

**CENTERING WORDS**

**CHALICE LIGHTING**

**CENTERING SONG**

*#1015, I Know I Can*

**TIME FOR ALL AGES**

*The Stories from My Grandmother's Hands*  
*by Dr. Resmaa Menakem, illustrated by Leroy Campbell*

**CHILDREN'S RECESSIONAL**

\*As the children recess to their learning groups sing them out with the ***Reeb Children's Benediction***.

***Children and Youth Spiritual Development: February is an interim group schedule as we prepare for OWL 4-6 to start March 8. Today, in addition to nursery, we will explore PLURALISM. Groups are K-6 with our Lego ValUUes, and 7-12 in our Youth Group. OWL 10-12 will have their final session.***

**JOYS & SORROWS**

**PASTORAL ANTHEM**

*A Love Supreme: Acknowledgement*  
*by John Coltrane*

**SHARING OF JOYS & SORROWS**

**MEDITATION IN SONG**

*There Is a Love*  
*by Elizabeth H. Norton; words by Rebecca Ann Parker*

**INTRODUCTION OF OUTREACH SPEAKER**

**OUTREACH SPEAKER**

**INVITATION TO GENEROSITY**

***Ed Kringer***

**OFFERTORY ANTHEM**

**READING**

**SERMON**

***When Music Is EMDR & the Revolution Isn't Caught on a Smart Phone***  
***Reverend William Levwood***

CLOSING SONG

#1015, *I Know I Can*

ANNOUNCEMENTS

CHALICE EXTINGUISHING WITH COMMUNITY BLESSING

*“This church is dedicated to the proposition that behind all our differences and beneath all our diversity there is a unity that makes us one and binds us forever together in spite of time, death and the space between the stars. We pause now in silent witness to that unity.”*  
*David Bumbaugh*

BENEDICTION

COFFEE HOUR

- \* Latecomers are still welcome.
- ~ We welcome people of all ages into our worship service.

**Outreach Collection Sponsor:**      **Dotty Smith**

Special thanks to:  
Service Webinar Management:      Quang Tran  
Worship Associate:      Judy Robison  
Board/Committee Host:      Ed Kringer



Each Sunday dozens of **volunteers** work together to make this service a success. If you’d like to be an Sunday Service Volunteer or some additional asset to Accotink as a whole, contact RW Carney III at (703) 503-4579 or at [administrator@accotinkuu.org](mailto:administrator@accotinkuu.org). Volunteering is a great way to form relationships with other Accotinkers.

## Welcome to our Newcomers

If this is your first Sunday with us, please be sure to sign up for our future broadcast services and various newsletters via our in service chat options or by emailing, [info@accotinkuu.org](mailto:info@accotinkuu.org).

A variety of information about Unitarian Universalism and our congregation is available via our website and contact forms. A friendly AUUC Staff Member and/or Volunteer will be happy to answer your questions. In addition, we also publish a weekly newsletter, filled with information and opportunities to make a difference locally and nationally. If you would like to receive our newsletter, please speak to the Church Administrator at [administrator@accotinkuu.org](mailto:administrator@accotinkuu.org), and we will see to it that your name is added to our mailing list. We invite you to either download and/or print out this Order of Service. Please join us for coffee and conversation following the service today.

### *Our Shared Unitarian Universalist Values*

Love is at the center of Unitarian Universalism. Love is the practice of our living tradition.

As Unitarian Universalists we covenant to:



- **Equity:** *We help everyone flourish with Dignity by building accessible and inclusive communities.*
- **Interdependence:** *We honor the web of life by protecting Earth & all beings from exploitation.*
- **Justice:** *We work to be Beloved Community by dismantling racism and all forms of systemic oppression.*
- **Generosity:** *We cultivate generosity by freely sharing our Faith, presence, and resources.*
- **Pluralism:** *We celebrate diversity by embracing our differences with love and respect.*
- **Transformation:** *We adapt to change, transforming the world with love by growing together, spiritually and ethically*

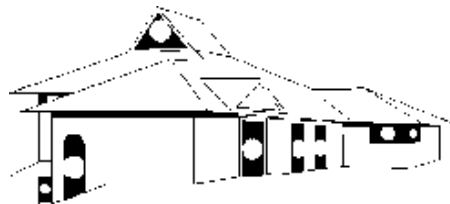
### Accotink Unitarian Universalist Church

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(Use the QR Code below to go directly to the AUUC Website  
or type “ACCOTINKUU” on any social media platform to find us.)